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RHYTHM

THE NEWSLETTER MGM ALLIED HEALTH SCIENCES INSTITUTE



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FROM THE DESK OF FOUNDER DIRECTOR



I am happy that the next issue of Newsletter is in your hand. I am happy to put on our record that the new Girl's Hostel has been started and already girls have occupied the rooms. The mess has also started and fanning good food to in warts.

Year long activities of silver Jubilee year celebration is at the verge of culmination

On 21st June we have planned a grand International Yoga Day. It is my appeal to each student of MAHSI to attend the Yoga session. This will show our solidarity, patriotism, and duty to the Nation. College Annual day celebration will be held on 27th July at Ravindra Natya Grah. A good cultural program is being planned. There will also be a prize distribution. The Gold Medals of previous year will also be given.

An exhibition is being planned. You all have a talent. Put your work in the exhibition and win a prize.

Your suggestions for making this very important event of your Institute are welcome. We are almost at the final stage for signing the MOU with Manchester Metropolitan University. This will open up the door for exchange of faculties and students. It will be another feather in our cap.

Good luck to all

Long Live MAHSI

-Dr. D.K Taneja

ACADEMIC ACTIVITIY

OT- Technique Re-Orientation workshop



Operation Theatre (OT) is a department of the hospital where wonders happen. However, to make such wonders, one must make sure to follow the right procedure and guidelines learnt during his academic training. An OT team comprises of surgeons, anesthetists, scrub nurse, circulating nurse, assisting surgeons, OT technicians and other assisting paramedical staff. The essential role of an Operation Theatre Technician is to prepare the operating room for surgery and assist the surgeon during surgery. They are solely responsible for setting of the instrument trolleys, positioning the operation table and patient. With the increase in demand of healthcare professionals across the world, a Two-Days workshop on OT- Technique Re-Orientation Course was organized Orthopedic Research & education Foundation-India under the auspices of World Orthopedic Concern & International Centre for Science and Society, Indore (Buti Foundation) On 26th and 27th March 2022 in Super Specialty Hospital auditorium. Hon'ble Founder Director Dr DK Taneja was the course, Director. It was a twoday reorientation program including basic operating room etiquette and describe different OT technique, instruments used in and Waste management. Many OT technician and Nursing students attended the workshop and gained the knowledge.

Guest lecture: Legal and Ethical Issues



On World Health Day, a Guest lecture was conducted on 7th April 2022 on the topic "Legal and Ethical Issues in medical field" by Dr. A.K Verma, renowned Orthopedic Surgeon and Dr. Manju Verma, renowned gynecologist from Allahabad in MAHSI. They Enlighted the ethical issues in medical field and effect of them on professional and personal development of students in medical field. The feedback of the students was that the session was full of knowledge and will be very much helpful for them.

Guest lecture: Analysis of Posture and Gait

Guest Lecture was conducted by MAHSI on 24th April 2022. Chief Guest Dr. Monica Khurana, Physical Therapist in California has taken a lecture on topic "Analysis of Posture and Gait" for BPT Final Year, Intern and MPTs students. She had excellent academic credentials with post professional master degree in Physiotherapy from Lona Lina University ,Lona Lida, CA. Since 2013, she has been working as owner and CEO of First Step Physical Therapy. Students felt that the session was more informative and interactive.

EVENTS

Women's Day

International women's day was organized by MAHSI on 8th March 2022. The chief guest for the program was Indore senior Advocate Mrs. Archana Kher and Former HOD, MGM Medical College, Indore Dr. Priti Taneja. Many students participated in series of talk on women empowerment in various fields international women's day function at MGM Medical

college. Dr. Priti Taneja in her speech, addressed the audience and spoke about the importance of women in society and family, and their contribution. The efforts to fight against the pandemic, gender equality, rights of women and women's role in all sectors was also highlighted in her speech. The Chief Guests distributed prizes to those who won in debate competition.



Sports Meet



A magnificent first sports meet was organized by MAHSI on 12th March to 16th March, 2022 in which all the students participated with areat fervor manifested their athletic skills with an unimpeachable finesse. The staff teachers of MAHSI assisted in organizing the event in different games and sports such as Cricket, Badminton, Tug of war, Shot put and Table tennis. The sports day celebration went on for three days, and on the evening of the third day, a prize distribution ceremony was organized.

Special Olympics Health Camp



On 75th Azadi ka Amrit Mahotsav, A National Health Camp for Divyangian was organized on 7th April 2022 at Abhay Prashal, Indore. Under the official attempt for Guinness world record by Special Olympics of Bharat, a Health checkup camp was organized in which MAHSI Participated. A Stall was organized Physiotherapy, Occupational Therapy and Nutrition students of MAHSI. Participants were trained for regular physical activities in five domains: flexibility, strength, endurance, balance, and breathing exercises under the supervision of Dr. Vijay Kaushik, Professor Physiotherapy, Dr. Savita Chauhan, Assistant Professor, Occupational Therapy, and Dr. Pooja Kaushik, Demonstrator, Occupational Therapy and participant's BMI, weight, and height were assessed, and the importance of nutrition was briefly explained to them by DNHE Students under supervision of Dr. Jharna Gupta, Assistant Professor.

VISITORS



Mr. Gangadin, former senior police officer from Mauritius visited MAHSI and praised the efforts being taken to enhance allied Health education. The dignitary visited various labs, sports gallery, Advance therapeutic lab, smart classroom and praised the institutes infrastructure.



Shri Ramesh Mandola, renowned politician MLA Vidhan Sabha Region 02 Indore, and chairman MP Olympic association visited MAHSI on 19th May 2022.

ACHIEVEMENTS

- Dr. Niketa Shobhit, Assistant Professor Physiotherapy presented a paper at
 National Physiocon 2022 organized by
 NIMS College of Physiotherapy and
 Occupational Therapy, Jaipur on 15th
 April 2022 on "Determine correlation
 between musculoskeletal neck-shoulder
 pain and hand eye coordination among
 college going smartphone addicted
 students".
- Dr.Niketa Shobhit, Assistant Professor, Physiotherapy attended yoga volunteer course from 21 April, 2022 to 5 May 2022 and certified as Yoga Volunteer by the Yoga Certification Board under the voluntary certification of Yoga Professionals, Ministry of Ayush, Government of India.
- Dr Neeraj Singh, Assistant Professor, MAHSI MGM Medical College Indore, delivered podium presentation on topic "In this era of Manual Therapy - Have we forgotten the art of exercise Prescription" in 6th annual conference of Society of Indian Physiotherapist, held from 29th April to 1st May 2022 in Chennai.
- Dr. Mayuri Sharma, Demonstrator, Physiotherapy presented paradigm shift in the science of disability "where are environment and participation" in 5th world congress on physiotherapy, Physical Rehabilitation, and sports medicine at Dubai as a guest speaker on 10th May 2022.

- Dr. Pooja Kaushik Demonstrator, Occupational Therapy attended a Webinar on "Hand Therapy in Cerebral
 - Palsy" on 20th May 2022 by Mahatma Gandhi Occupational Therapy College, Jaipur.
- Hemant Binjwa, BPT 2nd Year student of MAHSI secured second position and won silver medal in Indore District Powerlifting championship 2022 held on 29th May 2022 organized by Indore District Powerlifting Association.
- In the poetry anthology "Delusion" organized by The Quill House Publication has published a poem by first year MAHSI student Shalini Patel, "The end of war", which is available on Amazon store and Kindle app.